

MY DIABETES IS CURED A MUST LISTEN FOR EVERY DIABETIC

“The Water Cure cured my diabetes,” says Jim Rising, program and broadcast operations director of EZ-103.1 & 102.3.



Jim Rising

He followed the program of drinking 1/2 his body weight in ounces of water daily along with 1/4 tsp. unprocessed sea salt per qt of water, exercising and taking a few supplements daily and getting plenty of amino acids from eggs, beans, cheeses, butter and nuts. **In six months he lost 30 pounds, dropped his glucose from 280 to 130, triglycerides from 698 to 216, A1C from 8.0 to 6.3 & cholesterol from 235 to 156. His doctor reported all was normal.**

After starting the water cure he began to feel better almost immediately. After taking a glucose reading and then drinking 20 ounces of water with a pinch of salt on his tongue, it dropped forty points in twenty minutes.

Listen to Jim explain his amazing recovery on our www.watercure2.org website.

More details in Dr. Batmanghelidj's books, "You Body's Many Cries for Water," pages 123-131, and "ABC of Asthma, Allergies and Lupus" which covers far more than the name implies and on his site at www.watercure.com.



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